

Philippine Association for the Study of Overweight & Obesity (PASOO)
 15th ANNUAL CONVENTION 2009
 September 5, 2009, Saturday, Grand Ballroom, Crowne Plaza Galleria Manila
 Theme: FROM THEORY TO PUBLIC POLICY: ADDRESSING CHALLENGES AND
 TRENDS IN OBESITY NOW

Preliminary program as of August 25, 2009

7:00-8:00 AM REGISTRATION

8:00-9:00 OPENING CEREMONIES
 8:00-8:10 INVOCATION - Juan Maria Ibarra Co, MD
 8:10-8:15 PHILIPPINE NATIONAL ANTHEM
 8:15-8:30 WELCOME ADDRESS
Elizabeth Paz-Pacheco, MD - PASOO President
 8:30-8:45 CORDIAL MESSAGE
Dr. Cherian Varghese
 Regional Adviser – Non-Communicable Disease
 World Health Organization, WPRO
 8:45-9:00 OPENING REMARKS
Gabriel V. Jasul, Jr., MD - Chair, PASOO Scientific Committee

9:00-9:45 AM PLENARY SESSION I
 Chair: Gorgonia P. Panilagao, MD- PASOO Cebu Chapter President
 TRANSFERING KNOWLEDGE INTO ACTION:
 CAN WE REALLY PREVENT OBESITY?
Speaker: Nemesio T. Gako, MD, MPH, CESO II
Assistant Secretary, Department of Health

9:45-10:30 PLENARY SESSION II
 Chair: Cherrie Mae Sison, MD
 COGNITIVE-BEHAVIORAL MODIFICATION REVISITED:
 WHAT STRATEGIES CLICK & STICK?
Speaker: Edgardo L. Tolentino, Jr., MD

10:30-11:00 OPENING OF EXHIBITS AND COFFEE BREAK

11:00- 12:30 PM SYMPOSIUM I:
 IMPACT OF INTERVENTIONS IN DIFFERENT SETTINGS
 Chair: Ramon F. Abarquez, Jr., MD
 11:00-11:20 COMMUNITY-BASED PROGRAMS
Speaker: Francisca Cuevas, MD
 11:20-11:40 IMPACT OF SCHOOL-BASED INTERVENTION PROGRAM ON
 HEALTH-WEIGHT-MANAGEMENT: WHIZ KIDS AND KINETIC-KIDS
 PROGRAM - *Speaker: Celeste C. Tanchoco, RND, MPH, DrPH*
 11:40-12:00 PROGRAMS IN THE WORK PLACE
Speaker: Mrs. Sanirose S. Orbeta, RD, MS, FADA
 12:00-12:30 OPEN FORUM AND SUMMARY OF RECOMMENDATIONS

12:30-2:00 PM LUNCH SYMPOSIUM
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 "PHARMACOTHERAPY IN OBESITY: WHEN? WHY? THE MONALISA RIDDLE
 - SPEAKER: AUGUSTO D. LITONJUA, MD

ABBOTT LABORATORIES LUNCH SYMPO
 "SIBUTRAMINE FOR WEIGHT MANAGEMENT OF CARDIOVASCULAR
 PATIENTS:CLINICAL EVIDENCE AND PRACTICAL APPROACH"
 - SPEAKER: DR. LOEWE O. GO – CARDIOLOGIST

OPEN FORUM AND LUNCH

2:00-3:30 SYMPOSIUM II:
 EFFECTIVENESS OF INTERVENTIONS IN DIFFERENT GROUPS
 Chair: Mia C. Fojas, MD
 WEIGHT MANAGEMENT IN THE YOUNG
Speaker: Sioksoan Chan-Cua, MD
 2:00-2:20 WEIGHT MANAGEMENT DURING PREGNANCY AND POSTPARTUM
Speaker: Iris Thiele Isip-Tan, MD
 2:20-2:40 WEIGHT MANAGEMENT DURING AGING
Speaker: Shelley Dela Vega, MD
 2:40-3:00 OPEN FORUM AND SUMMARY OF RECOMMENDATIONS
 3:00-3:30

3:30-4:15 PM PLENARY SESSION III
 Chair: Mary Jane C. Gutierrez, MD
 DIET REVIEW 2009: WHAT WEIGHT LOSS DIETS REALLY WORK
 AND WHAT REALLY MATTERS? (Update on recent diet trials and
 summary of recommendations)
Speaker: Rosa Allyn G. Sy, MD

4:15-5:00 PM PLENARY SESSION IV
 Chair: Mona Lisa F. Cosme, MD-PASOO Laguna Chapter President
 OBESITY RESEARCH 2009: WHAT INTERVENTIONS REALLY WORK AND
 WHAT DO WE USE? (Summary of updates on lifestyle, drug therapy, bariatric
 surgery and recent recommendations)
Speaker: Elizabeth Paz-Pacheco, MD

(Coffee /Snacks will be served after Plenary Session IV)

5:00-5:30 PM CLOSING CEREMONIES
 SHIFTING THE PARADIGM: A CALL TO ACTION AGAINST OVERWEIGHT
 AND OBESITY - CONVENTION SUMMARY
 - *Rodolfo F. Florentino, MD and Gabriel V. Jasul, Jr., MD*

5:30 PM CLOSING REMARKS – *Mrs. Sanirose S. Orbeta, RD, MS, FADA*
PASOO Vice- President

Masters of Ceremonies: Tricia Marie P. Obrero, MD and Bien J. Matawaran, MD